

On behalf of the Education Committee, I hereby move Education Motions 1.

1. **Miscellaneous**

- a. **MOTION** to adopt the following resolution designating the month of May 2018 as “Mental Health Month” in Randolph Township Schools (**EXHIBIT 1**).

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there is a strong research that diet, exercise, sleep, and stress management can help all Americans protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, BE IT RESOLVED, by the Board of Education of the Township of Randolph that:

The month of May 2018 is proclaimed as Mental Health Month in Randolph Township Schools.