

## Randolph High School

### Athletics & Physical Education

511 Millbrook Avenue

Randolph, NJ 07869

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November 19<sup>th</sup> 2009

Dear Randolph Parents and Student-Athletes,

The Athletic Department at Randolph High School recognizes the importance of having time over the summer to enable coaches, parents, and student-athletes the opportunity to take necessary time away to schedule family vacations, college visits, etc., without missing out on a team athletic experience. This summer each athletic program will offer a two-week **No Contact Period (NCP)** for everyone involved in a particular sport. The NCP will operate under the following guidelines, effective in the summer of 2010:

- No Randolph team meetings;
- No equipment distribution;
- No positional meetings, workouts, or Randolph practices on campus or off campus;
- No Randolph weight room hours or speed training workouts;
- No Randolph team camps;
- Generally, the NCP would eliminate any Randolph Coach/Randolph Student-Athlete interaction in respect to Randolph High School athletic activity for the duration of the period.

Due to the New Jersey Interscholastic Athletic Association (NJSIAA) different restrictions on start dates for individual sports, please refer to the NCP timelines for your desired sport (please note that if you have children involved in multiple sports with different NCP timelines, special accommodations will be made with the coaching staff):

Cheerleading – 6/21/10 – 7/2/10	Ice Hockey – 8/16/10 – 8/31/10
Cross Country – 6/28/10 - 7/9/10	Swimming (Boy's/Girl's) – 6/21/10 – 7/2/10
Field Hockey – 6/18/10 – 7/2/10	Wrestling – 8/9/10 – 8/20/10
Football – 7/19/10 – 8/1/10	Baseball – 8/15/10 – 8/30/10
Gymnastics – 8/1/10 – 8/15/10	Golf - 7/19/10 – 7/30/10
Soccer- (Boy's/Girl's) – 6/30/10 – 7/9/10	Lacrosse - (Boy's/Girl's) – 7/26/10 – 8/8/10
Tennis -(Boy's/Girl's) – 7/1/10 – 7/31/10	Softball – 8/22/10 – 8/29/10
Volleyball – 7/24/10 – 8/6/10	Indoor Track – 6/28/10 – 7/9/10
Basketball -(Boy's/Girl's) – 8/16/10 – 8/27/10	Spring Track – 6/28/10 – 7/9/10

On behalf of Randolph High School Athletics, I wish all of you a healthy and successful season.

Sincerely,

Theodore T. Loeffler  
Vice Principal/Athletic Director

C: O.Snyder, Interim Superintendent  
C. Strowbridge, Principal

**NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION  
P. O. BOX 487, ROUTE 130 NORTH      ROBBINSVILLE, NJ 09691**

**TO:            PRINCIPALS – MEMBER PUBLIC SCHOOLS**  
**FROM:        Steven J. Timko, Executive Director**  
**DATE:        May 2010**  
**RE:            NJSIAA Membership Resolution**

Pursuant to the provisions of Chapter 172 of the Laws of 1979 approved by the Governor of the State of New Jersey on August 26, 1979 (N.J.S.A. 18A:11-3, et seq), it is necessary for our member schools to adopt by resolution membership in the NJSIAA. It must be emphasized that in adopting such a resolution, a member school agrees to be governed by the Constitution, Bylaws and Rules and Regulations of the NJSIAA, including all rules governing student-athlete eligibility.

Accordingly, if your school desires to remain a member of the NJSIAA, kindly forward to us a certified resolution no later than September 1, 2010 along with your 2010/2011 membership dues. Invoice for dues is also enclosed with this memo.

We are enclosing a membership resolution card for each of your NJSIAA member high schools.

As a point of information, it is suggested that in addition to the above, local Boards of Education annually adopt the rules and regulations of their local conference or league on all approved schedule contests.

Thank you for your cooperation.

**Enclosures:    Membership Resolution Card(s)  
                      Dues Invoice(s)**