# **POLICY**

## RANDOLPH BOARD OF EDUCATION

PROGRAM

2431.2/page 1 of 3

Athletic Training Rules
Co/Extra-Curricular Rules

### 2431.2 ATHLETIC TRAINING RULES POLICY

### **Purpose**

Participation in the Randolph School District's sports program is an honor and a privilege, and the responsibilities of student athletes are different from those of other students. Therefore, all students who participate in athletics are required to adhere to athletic training rules imposed by the school district. Adherence to the training rules helps ensure that all student athletes are in top physical condition and minimizes the potential for injury to themselves and others. Therefore, the possession or use of any controlled substance, including, steroids, alcohol or tobacco products by a student athlete at any time, during the season, whether it occurs on or off school property, is prohibited and shall result in the penalties set forth in this policy.

The Randolph School District expects its student athletes to have such attributes as dedication, self sacrifice, and the sincere desire to be the best athletes possible. These athletes should have great pride in their school: the athletic program, and above all, in themselves. They should have a thorough understanding of the rules, regulations, requirements, and standards that guide our athletic program.

It is the intent of this policy to protect our student athletes and to deter conduct that impairs their ability to compete effectively in. athletics. By making responsible choices, it is up to each team member to remain a student athlete:

### Athletic Training Rules

- A team member is prohibited from the use and/or possession of alcoholic beverages or controlled or dangerous substances, including steroids as defined by New Jersey law.
- 2. A team member is prohibited from the use and/or possession of any tobacco product (including spit tobacco).
- 3. This policy applies only to the official N.J.S.I.A.A. "In-Season" parameters for Fall, Winter and Spring sports.



# **POLICY**

## RANDOLPH BOARD OF EDUCATION

PROGRAM

2431.2/page 2 of 3

Athletic Training Rules

### **Investigation**

All reports of alleged violations of the Athletic Training Rules Policy are to be made to the Randolph High School principal.

The principal will contact the student athlete and his/her parents upon confirmation of a valid violation report and notify them of the reasons for the investigation and the possibility of removal from a sports team. The principal will investigate the allegations and determine the course of action. The principal will consider all objective evidence to reach a determination. The parents and the student athlete will be notified of the decision immediately.

Reports of alleged violations of the Athletic Training Rules
Policy must be reported within 30 days of the alleged violation:

Penalties for Violation of the Rules

If an athlete violates the Athletic Training Rules Policy during a sports season in which he/she is participating, the athlete will be suspended from that team for the remainder of that season.

Any athlete found in violation of the Athletic Training Rules Policy will be referred to the student assistance program and a drug/alcohol evaluation maybe required.

If the violation occurs on school grounds or school sponsored transportation or at a school sponsored event, 5530 Substance Abuse will also apply.

Prior to being investigated or apprehended for an offense involving the use of controlled substances, including steroids, alcohol or tobacco products; an athlete may voluntarily request assistance from school officials. In this event, there will be no disciplinary consequences imposed upon the student provided that the athlete meets with the school substance abuse counselor and follows his/her recommendation AND there are no subsequent violations of the Athletic Training Rules Policy.



# **POLICY**

## RANDOLPH BOARD OF EDUCATION

PROGRAM

2431.2/page 3 of 3

Athletic Training Rules

7	n	n	$\overline{}$	$\overline{}$	٦
$^{-}$	Р	Р	C	а	T

The student athlete and/or parents have the right to appeal any suspensions imposed under the Athletic Training Rules Policy. All appeals shall be made to the Superintendent of Schools. Subsequent appeals shall be made to the Randolph Board of Education.

All decisions on appeals shall be made in a timely manner. Until the appeal process is completed; a student's athletic suspension will be in effect.

### **Acknowledgement**

At the start of each season, a copy of the Athletic Training Rules Policy will be provided and explained to each team member by the coach to guide and inform the athlete of his/her responsibilities, rights and privileges. An acknowledgement of the policy shall be signed by athletes and parents at the beginning of each sport season. The acknowledgement shall state as follows:

My signature below signifies that I have read and understand the Randolph High School Athletic Training Rules Policy.

Parents' Signatures	Date
Athlete's Signature	Date

### 2431.2 CO/EXTRA-CURRICULAR RULES

### Purpose

Representing Randolph High School as a participant in the school's Co/Extra Curricular programs is an honor and privilege and the responsibilities of students involved in these programs are different from other students'. Therefore, the possession or use of any controlled substance, which includes steroids, alcohol or tobacco in any form by a student representing RHS in any Co/Extra Curricular activity or team during the season(s) of that activity or team is prohibited and shall result in the penalties set forth in this policy.

It is the intent of this policy to set a higher standard of behavior for those students who, in the course of their participation in sport or other activity, represent Randolph High School in the larger community. It is further The intent of the policy is also to address the use of prohibited substances as a violation of district policy, as a health issue and as an opportunity for student education.

### Scope

This policy applies to all sports teams as well as to such activities as band, student council, debate (forensics), dramatic production, senior leaders and any other group which either competes on behalf of or in any way represents Randolph High School. It applies to the entire time such a group is "in season" whether that season is a conventional one (e.g. ene established for athletes by the NJSIAA) or a broader one (student council) is a year-long activity for the academic year. This policy does not apply outside of the school year except for the period of time before school is in session (in August) when athletes are permitted to practice for fall sports by the NJSIAA and when organizations such as the marching band practice for fall activities. This policy does not apply to religious observances.

### Investigation

All reports of alleged violations of this policy are to be made to the Randolph High School principal.

Upon receiving such an allegation, the principal will immediately notify the student(s) and the student'(s) parent(s)/guardian(s), then will convene a committee (the review committee) of her/himself, the student assistance counselor, one coach or one club advisor, one other teacher and one student for the purpose of reviewing the allegation and advising the principal on its validity.

The final decision on the validity of the allegation shall rest with the high school principal subject to ultimate review by the superintendent and Board of Education.

The committee will interview the student involved and will conduct an independent investigation and will consider all objective evidence to reach a course of advice. Upon completing its review, the committee will make a recommendation for action to the high school principal. Upon reaching a decision, the principal will notify the student(s) involved and her/his parents immediately.

Reports of alleged violations of the Co/Extra-Curricular Rules policy must be made within thirty (30) days of the violation.

Consequences of Policy Violation

The following consequences are cumulative over the student's high school career:

For the first (1<sup>st</sup>) violation of this policy, a student will be prohibited from representing Randolph High School for a period of time to be determined by the high school principal upon the advice of the review committee. In the case of sports teams, this prohibition will be at least two (2) games/matches. In the case of a performing group (band, orchestra, chorus, forensics, dramatic production), this prohibition will be at least one public performance. The recommended penalty for the first offence; one (1) week suspension from the athletic/co/extracurricular activities. In addition, the student will be required to report to the student assistance counselor for at least two sessions to be scheduled at the counselor's convenience.

During the time of the student's removal from representing the high school, the student will be required to continue meeting/practicing with her/his team or organization. Failure to do so will result in the immediate removal of the student from the team or organization.

For a second (2<sup>nd</sup>) violation of this policy, a student will be prohibited from representing Randolph High School for a longer period of time - again to be determined by the high school principal upon the advice of the review committee. In the case of sports teams, this prohibition will be at least four (4) games/matches. In the case of a performing group, this prohibition will be at least two public performances. The recommended penalty for the second offence; two (2) weeks suspension from the athletic/co/extra-curricular activities. In addition, the student will be required to meet with the student assistance counselor weekly for a period of at least six (6) weeks.

During the time of the student's removal from representing the high school, the student will be required to continue meeting/practicing with her/his team or organization. Failure to do so will result in the immediate removal of the student from the team or organization.

For a third (3<sup>rd</sup>) violation of this policy, a student will be immediately removed from the team or organization in question and will be prohibited from participating in any other "representative" group from Randolph High School for the remainder of that school year. The student will also be required to meet with her/his parents and the student assistance counselor for the purpose of developing a plan for treating the identified substance abuse issue. This plan must be approved by the high school principal and is to be closely monitored by the student assistance counselor.

### All decisions are subject to the approval of the principal.

If violations of the policy occur so close to the end of a "season" as to prevent the implementation of the consequences outlined above, the student will be required to serve those consequences at the beginning of the next season of her/his membership in the organization. The counseling provision will,

however, continue to be in effect regardless of the official end of a season.

### Appeal

The student athlete and/or parents have the right to appeal any suspensions imposed under the Co/Extra-Curricular Rules. All appeals shall be made to the Superintendent of Schools. Subsequent appeals shall be made to the Randolph Board of Education.

All decisions on appeals shall be made in a timely manner within five (5) school days. Until the appeal process is completed; a student's athletic suspension will be in effect.

This policy will be in effect for the August 2010 to August 2011 school year. The Board of Education will reevaluate this policy after survey data is collected and reviewed.

#### Distribution

All students participating in organizations which represent Randolph High School will be made aware of this policy by a coach or advisor prior to enrollment in any such organization. Each student so enrolled will also be required to provide her/his written consent to the provisions of the policy. Such consent will also be required of each such student's parents prior to the student's enrollment.

My signature below signifies that I have read and understand the Randolph High School Co/Extra-Curricular Rules of this policy.

Parents'	Signature(s)	I	Date
Athlete's	Signature_	1	Date

Adopted: 18 March 2004 Revised: 18 October 2006;

Formerly titled Athletic Training Rules Policy