

Michael Neves, Business Administrator Randolph Township Schools 25 School House Road Randolph, NJ 07869



August 19, 2009

Dear Mr. Neves:

Using 2010 MAC grant money, we are requesting funding for the following programs to be offered by the school district during the 2009/2010 school year. As in past years, we ask that the schools agree to be responsible for the Cash Match as well as the "In-Kind" match as indicated below. Please note that the In-Kind Match is satisfied by use of school classrooms, materials, personnel, visual aids, etc., and not by payment of money. As always, supplies must be purchased in 2010 (Jan.-Dec.) and Clubs must continue to meet in 2010 to qualify for reimbursement through the 2010 MAC funds.

Our funding from the Governor's Council on Alcoholism and Drug Abuse (GCADA) remains the same as last year. All programs receiving funding from the GCADA must provide information on Alcohol, Tobacco and Other Drug (ATOD) awareness and prevention. In addition, the GCADA now requires that each program conduct evaluations to measure the impact of programs and their effectiveness.

Prior to applying for the 2010 grant, the MAC members met to discuss and evaluate the programs that we currently support. The committee members voted to discontinue the funding for Team Harmony for 2010. Although everyone agreed it is a very valuable club, it was felt that it does not directly relate to the MAC's mission of ATOD awareness and prevention.

As you know, the P.L.A.I.D. club was taken out of the 2009-2010 school budget. Therefore, we have reallocated most of the funding from P.L.A.I.D. to a new Fernbrook Is Tops (F.I.T.) program in the 2010 budget. This program was run as a pilot in the spring and the proposal from Michelle Polk is attached.

NAME OF PROGRAM	You Receive	School <u>Cash Match</u>	<u>Total</u>	In-Kind <u>Match</u>			
Homework Club Elementary							
4 Stipends Fernbrook; 3 Stipends Center Grove.	\$ 3,920.00	\$ 980.00	\$4,900.00	\$2,940.00			
Homework Club RMS 8 Stipends RMS.	\$ 3,840.00	\$ 960.00	\$4,800.00	\$2,880.00			

Red Ribbon Week Activiti All four Elem. schools and RMS supplies.	es \$ 1,040.00	\$ 260.00	\$1,300.00	\$ 780.00
Fernbrook Is Tops (F.I.T.) Facilitator Stipend Supplies budget) \$ 400.00 \$ 80.00	\$ 100.00 \$ 20.00	\$ 500.00 \$ 100.00	\$ 300.00 \$ 60.00
TOTALS	\$9,280.00	\$2,320.00	\$11,600.00	\$ 6,960.00

Homework Club is an on-going program at Fernbrook, Center Grove and RMS, each having requested the continuation of funding.

Red Ribbon Week Activities will continue to be funded in the elementary and middle schools. Red Ribbon Week activities involve the children and their families in ATOD education and prevention strategies. Although the event will take place in October 2010, typically supplies will be purchased before close of the 2009-2010 school year.

Fernbrook Is Tops (F.I.T.) Fernbrook School will have 5-8 at-risk students that have been identified by administrators and school staff attend 5 sessions of F.I.T. prior to the start of the school day. The character education traits of friendship, courage, respect, responsibility and trustworthiness will be discussed. The idea is that if a child feels good about him/herself than he/she will not be inclined to use tobacco, alcohol or other drugs. Through ATOD awareness and education literature and other's experiences through game/teambuilding activities the goal is to have a more positive self-image and to encourage students to make healthy choices in their future. Although the proposal was for three sessions, the MAC members voted to provide partial funding for this program.

We look forward to another successful year in our partnership with the Randolph Township School District. Please review the funding request and attached program proposal and present them for approval to the Board of Education at its next meeting. If you have any questions or require additional information, please contact me at (973) 659-9772 or e-mail me at <u>oneillim@optonline.net</u>.

Sincerely,

Sanet Polled

Janet Pollio Administrative Coordinator Randolph Municipal Alliance Committee

Copy N. Ludwig, K. Garnett, M. Soccio, M. Emmel

Fernbrook is Tops (F.I.T.)

Proposal: Fernbrook School will have 5 students attending for 5 sessions a group for high risk children that have been identified by school administration and school staff. As recommended by Dr. Grefe, Fernbrook Principal, it will be before school. This group is a response to intervention (RTI) as deemed necessary by our Intervention and Referral Services Committee (I&RS).

The Character Education traits of friendship, courage, respect, responsibility and trustworthiness will be discussed. The pretences are that if a child feels good about him/herself than he/she will not be inclined to use tobacco, alcohol or other drugs. The literature points to many factors that could cause a child to turn towards the use of alcohol, tobacco and other drugs; some of which include poor self image, poor choices and poor role models. Through the use of tobacco, alcohol and drug literature and other's experiences through game/teambuilding activities the goal is to have a more positive self-image and to choose that there are better things to do than abuse your body and mind with substances. Stay F.I.T. is the name of the game (Fernbrook is Tops).

Target Group is at risk students in grades 1-5 who have been identified by the administrators and staff.

Facilitator: Michelle A. Polk. Elementary Counselor Fernbrook/Shongum Schools

Format:

Short Story that discussed the Character Education Theme Game/Teambuilding Activity Journal Entry

Number of Sessions for 2009-2010 School Year: 3 (fall, winter, early spring)

Contact Information: Michelle A. Polk

<u>mpolk@rtnj.org</u> 973-361-0660X211 T, Th, F p.m. 973-895-2322X211 M, W, F a.m.

Dr. Deborah Grefe, Principal Fernbrook School dgrefe@rtnj.org 973-361-0660X201

Expenses:

Supplies for teambuilding 50.00 Stipend for facilitator: 250.0

Total Costs:

900.00 Total Cost

Criteria Used to Measure Success for F.I.T. (Fernbrook is Tops)

Subjective Criteria:

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- Improved change in academic performance
- Attendance record improves
- Less instances of visits to the nurse
- Decrease in visits to the Vice Principal

Pre/Post Assessment

- Am I Responsible?
- Honesty
- Are You A Bully?

The data above will be taken before the sessions start to get a base-line score in the 7 areas for each student.

At the conclusion of the 5 sessions the same 7 tools will be read ministered. The hope is for improvement in attendance or no change, improved academic performance and a decrease in visits to the nurse and the vice principal.

The Pre/Post Assessment:

Responsible: The student will become more responsible in his/her responses to specific situations.

Honesty: The student will identify correctly good judgment and not steal or take what does not belong to him/her.

Bully: The student will demonstrate less bully like behaviors at the conclusion of the pilot program F.I.T.